

# Coordinator e-News

## Common Eligibility Questions

The following is an update on some common donor eligibility questions. This information is regulated by the FDA and is subject to change. The following is intended to be used as a guideline only, a tool to help you with recruitment. It is in no way all-inclusive, and should not be reproduced.

We encourage donors with specific eligibility questions to call the Community Blood Center at (800) 280-4102 or (920) 738-3131.

**Travel** – These guidelines change frequently, please call the Community Blood Center

**Cancer** – For some types of cancer donors are now eligible one year after their last treatment; please call the Community Blood Center

**Low Iron** – The donor is eligible if they have a minimum Hematocrit level of 38

**Chicken Pox vaccination** – Donors are eligible four weeks after vaccination

**Flu or Pneumonia shot** – If symptom-free, donors are eligible immediately

**Tetanus Shot** – If the shot is given as a booster or because of an employment requirement, donors are eligible immediately

**Lymes disease** - The donor is eligible if they are feeling healthy and 12 months have passed since they completed antibiotic treatments

**General surgery** – The donor must have been released by their doctor and be back to normal activities. If the donor received a blood transfusion, please call the Community Blood Center

**Tattoos and Permanent Makeup** – If the procedure was done by a physician or a licensed facility in Wisconsin or Iowa, the donor is eligible immediately

**Body Piercing** – If the procedure was done by a physician, at a place like Wal-Mart or the mall, or at a licensed facility in Wisconsin or Iowa, the donor is eligible immediately

**Common Cold** – Eligible to donate if the donor is not experiencing flu-like symptoms, sore throat or fever; a clear runny nose is okay

**Upper Respiratory or Flu** – Eligible to donate if the donor is symptom-free for 72 hours

**Stitches** – If the donor's stitches are removed and the wound is healed, they are eligible to donate

**Diabetes** – If the donor's numbers are stable and they are in good health, they are generally accepted to donate

**High/Low Blood Pressure** – Numbers must be stable at the time of donation. Acceptable ranges:

Systolic: 90-180 mm

Diastolic: 50-100 mm

**Current Medication Deferral List** – Proscar, Avodart, Propecia, Accutane, Soriatane, Tegison, Growth Hormone from Human Pituitary Gland, Insulin from Cows, Hepatitis B Immune Globulin, Unlicensed Vaccine, Plavix, Ticlid, Warfarin, Coumadin

## May Coordinator of the Month

Karin Wille helped recruit 46 donors at Calumet Medical Center in May. Not only did Karin fill the schedule, but she continues to educate donors in the Chilton area about the importance of donating with the Community Blood Center.

Karin recognized each donor that reached a gallon level with a gift, and mentioned them in the Affinity weekly newsletter.

She also added another blood drive in 2008! Karin, thank you for your continued support and dedication!



## Handbooks

The coordinator handbook is a great tool to use for blood drives. The table of contents can help you locate articles and facts to share with your group! If you have not received your handbook, please ask your Recruiter to bring one to you.

## Reminders

1. Dates are filling fast for 2009. Please contact your Recruiter to schedule today!
2. "Take me out to the blood drive... take me out to the bus... give me some cookies and apple juice..." Cheer on the blood donors at your next drive with our new Sports-themed "party in a box."

It includes pom-poms, noisemakers, inflatable baseballs, "Go Team" banners and much more. If you are interested in using the "party in a box" or would like more information, contact your Recruiter!

## Everyone Should Follow their Dreams...

Carrie Tucker is leaving the Community Blood Center to pursue her calling in education. As you all know, Carrie is an amazing teacher, educator, speaker and motivator.

Although we are very sad she will not be the representative for the Oshkosh/Berlin/Ripon area, we are very happy that she is able to follow her dream of becoming a teacher.

Look for Carrie in a school near you and hope that your child, grandchild or friend has an opportunity to learn under her direction.

Please contact Jill Kohl if you need assistance with your blood drives or if you have any questions.